

Sun. Nov. 21	MDC Sports	8:00 am-	12:00 pm
	<b>OPEN SWIM</b>	<b>1:00 pm-</b>	<b>3:00 pm</b>
	Med City Swim Club	3:00 pm-	6:00 pm
	<b>OPEN SWIM</b>	<b>6:30 pm-</b>	<b>8:30 pm</b>
Mon. Nov. 22	Rochester Swim Club Orca's (Monday and Tuesday)	5:30 am-	7:00 am
	<b>PARENT/TOT - ADULT SWIM (No Lifeguard on Duty)</b>	<b>10:30 am-</b>	<b>11:30 am</b>
	<b>ADULT LAP SWIM (No Lifeguard on Duty)</b>	<b>11:30 am-</b>	<b>1:15 pm</b>
	Rochester Swim Club Orca's (Monday and Tuesday)	3:30 pm-	7:00 pm
	Med City Swim Club (Mon., Tues., Wed., & Fri.)	7:00 pm-	9:00 pm
	<b>OPEN SWIM</b>	<b>7:00 pm-</b>	<b>9:00 pm</b>
	<b>ADULT LAP SWIM</b>	<b>9:00 pm-</b>	<b>10:00 pm</b>
Tues. Nov. 23	Water Aerobics	6:15 am-	8:15 am
	<b>ADULT LAP SWIM (No Lifeguard on Duty)</b>	<b>11:30 am-</b>	<b>1:15 pm</b>
Wed. Nov. 24	Rochester Swim Club Orca's (Wednesday & Friday)	5:30 am-	11:30 am
	Water Aerobics	7:15 am-	8:15 am
	<b>ADULT LAP SWIM (No Lifeguard on Duty)</b>	<b>11:30 am-</b>	<b>1:15 pm</b>
	Rochester Swim Club Orca's	4:00 pm-	5:30 pm
	<b>OPEN SWIM</b>	<b>7:00 pm-</b>	<b>9:00 pm</b>
	<b>ADULT LAP SWIM</b>	<b>9:00 pm-</b>	<b>10:00 pm</b>
Thurs. Nov. 25	<b>THANKSGIVING – REC CENTER CLOSED</b>		
Fri. Nov. 26	<b>ADULT LAP SWIM (No Lifeguard on Duty)</b>	<b>11:30 am-</b>	<b>1:15 pm</b>
	Rochester Swim Club Orca's	3:30 pm-	5:30 pm
	<b>ADULT LAP SWIM (No Lifeguard on Duty)</b>	<b>7:00 pm-</b>	<b>9:00 pm</b>
Sat. Nov. 27	Rochester Swim Club Orca's	6:00 am-	8:30 am
	<b>OPEN SWIM</b>	<b>1:00 pm-</b>	<b>3:00 pm</b>
	Rochester Swim Club Orca's	4:00 pm-	6:15 pm
Sun. Nov. 28	<b>OPEN SWIM</b>	<b>1:00 pm-</b>	<b>3:00 pm</b>
	Med City Swim Club	3:00 pm-	6:00 pm
	<b>OPEN SWIM</b>	<b>6:30 pm-</b>	<b>8:30 pm</b>

Rochester Recreation Center  
\*\*\*\*\*Pool\*\*\*\*\*

21 Elton Hills Drive NW  
Schedule Information Line – 507-328-2501

Cost Per Time – (each activity) – {Adult (19+) - \$4.00} {Youth (5-18) - \$3.00} {Children (under 5) – free}  
[www.rochestermn.gov](http://www.rochestermn.gov) (listed under Most Popular – Recreation Center Schedules)  
Schedules subject to change